

# Association of Local Public Health Agencies Orientation for Public Health Sudbury & Districts Board of Health

October 17, 2024

Loretta Ryan, Chief Executive Officer, alpha





Established in 1986,  
the Association of Local Public Health Agencies  
(ALPHA) is the not-for-profit organization that  
provides leadership to Ontario's boards of health  
and their local public health units.

**ALPHA is the Voice of Ontario's  
Local Public Health System**

# **aPHa Sections and Affiliate Groups**

**34 Members: Ontario's local public health agencies**

**Member Representatives:**

**Boards of Health Section**

**Council of Ontario Medical Officers of Health Section**

**Affiliates**



# **alpha Board of Directors**

**21 Members of the Board of Directors**

**7 Board of Health Members - *Boards of Health Section***  
**7 Medical Officers of Health - *Council of Ontario Medical Officers of Health Section***  
**7 Affiliate Representatives - *Affiliates***



# 2024-2025 alPHa Board of Directors

## Executive Committee



Dr. Lianne Catton  
COMOH Section Chair



Dr. Hsiu-Li Wang  
Vice-Chair



Abinaya Chandrabalan  
Treasurer



Trudy Sachowski  
alPHa Chair



René Lapierre  
BOH Section Chair



Dr. Charles Gardner  
Past Chair



Cynthia St. John  
Affiliate Exec. Rep.

## Members at Large



Jim Erb



Bernia Martin



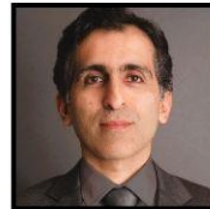
Elizabeth Roy



Tammy DeGiovanni



Dr. Eileen de Villa



Dr. Mehdi Aloosh



Dr. Pepi McTavish



Dr. Vera Etches



Caitlyn Paget



Paul Sharma



Susan Stewart



Steven Rebellato



Carolyn Doris

# aPHa Board of Directors Webpage

## Executive Committee

Chair / BOH Section Representative, Northwest Region	<a href="#"><u>Trudy Sachowski</u></a>
Vice Chair / COMOH Section Representative, Central West Region	<a href="#"><u>Dr. Hsiu-Li Wang</u></a>
Past Chair / COMOH Section Representative	<a href="#"><u>Dr. Charles Gardner</u></a>
COMOH Section Chair/COMOH Section Representative, North Region	<a href="#"><u>Dr. Lianne Catton</u></a>
BOH Section Chair/ BOH Section Representative, North East Region	<a href="#"><u>René Lapierre</u></a>
Treasurer/ BOH Section Representative, Toronto	<a href="#"><u>Abinaya Chandrabalan</u></a>
Affiliate Executive Representative/AOPHBA	<a href="#"><u>Cynthia St. John</u></a>

## Members at Large

BOH Section Representative, Central West Region	<a href="#"><u>Jim Erb</u></a>
BOH Section Representative, South West Region	<a href="#"><u>Bernia Martin</u></a>
BOH Section Representative, Central East Region	<a href="#"><u>Elizabeth Roy</u></a>
BOH Section Representative, East Region	<a href="#"><u>Tammy DeGiovanni</u></a>
COMOH Section Representative, Toronto	<a href="#"><u>Dr. Eileen de Villa</u></a>
COMOH Section Representative, South West Region	<a href="#"><u>Dr. Mehdi Aloosh</u></a>
COMOH Section Representative, Central East Region	<a href="#"><u>Dr. Pepi McTavish</u></a>
COMOH Section Representative, East Region	<a href="#"><u>Dr. Vera Etches</u></a>
Affiliate Representative, APHEO	<a href="#"><u>Caitlyn Paget</u></a>
Affiliate Representative, OAPHD	<a href="#"><u>Paul Sharma</u></a>
Affiliate Representative, HPO	<a href="#"><u>Susan Stewart</u></a>
Affiliate Representative, OPHNL	<a href="#"><u>Jennifer Vickers-Manzin</u></a>
Affiliate Representative, ASPHIO	<a href="#"><u>Steven Rebellato</u></a>
Affiliate Representative, ODPH	<a href="#"><u>Carolyn Doris</u></a>
Chief Executive Officer	<a href="#"><u>Loretta Ryan</u></a>



# alpha Meetings

- alpha holds an in-person conference and AGM in June of every year along with two symposiums in the fall and winter.
  - alpha Board of Directors meets 5 to 6 times per year.
    - alpha Executive Committee meets once a month.
  - BOH Section Executive, COMOH Section Executive and Affiliates Group meet bi-monthly.
    - Working Groups meet throughout the year.
- In addition, various key stakeholder meetings for a total of >100 meetings every year.

# alPHa Staff Team





# alpha - What We Do



# Strategic Partnerships



# Strategic Partnerships

Ministry of Health  
Office of the Chief Medical Officer of Health  
Public Health Ontario  
Ontario Health  
alPHa Affiliate Organizations  
Association of Municipalities of Ontario  
Ontario Medical Association  
Other Public Health Associations  
Dalla Lana School of Public Health

# Key Resources for Members

## Foundational Documents

- [alPHa By-law \(ONCA Compliance\)](#)
  - [2024-2027 Strategic Plan](#)
    - [Annual Report](#)
    - [alPHa Resolutions](#)
- [BOH Shared Resources Page](#) including [BOH Orientation Manual](#) & [BOH Governance Toolkit](#)

## alPHa Correspondence

[Correspondence Home Page](#)

## Communications

- [Information Break](#)
- [X \(formerly Twitter\) @PHAgencies](#) and [LinkedIn](#)

## Ministry of Health

[Health Protection and Promotion Act](#) and [Ontario Public Health Standards](#)

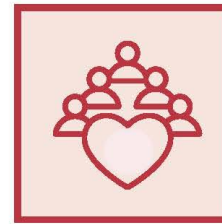
Convening the leadership of local public health agencies to:



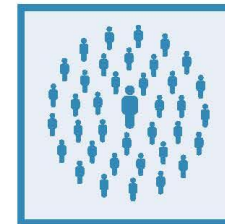
Be the unified voice and a trusted advisor on public health



Advance the work of local public health through strategic partnerships and collaborations



Support the sustainability of Ontario's local public health system



Deliver member services to local public health leaders



*alPHa's Mission: Serving Ontario's local public health agencies for a strong public health system*

# alPHa Strategic Plan 2024-2027

*Be the unified voice  
and a trusted  
advisor on public  
health.*



# **aPHa Strategic Plan 2024-2027**

*Advance the work of local public health through strategic partnerships and collaborations.*



# alPHa Strategic Plan 2024-2027

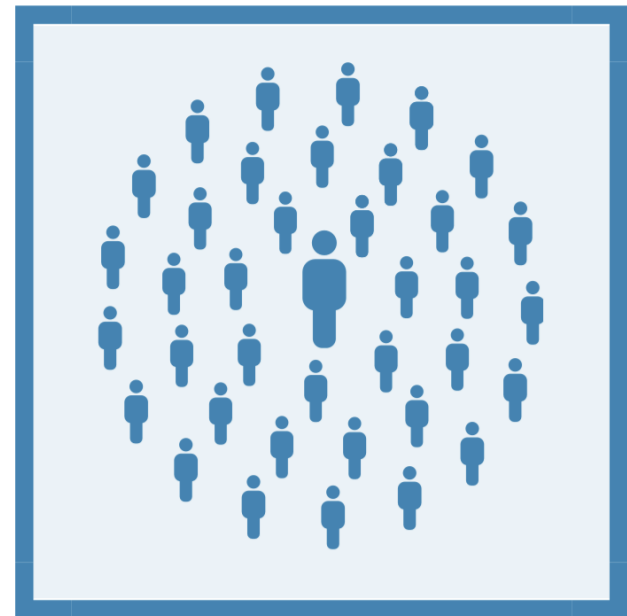
*Support the sustainability of Ontario's local public health system.*





# alPHa Strategic Plan 2024-2027

*Deliver member services to local public health leaders.*



# Strategic Plan Activities: Strengthening Public Health

alPHa:

- Supports members through the voluntary merger process
- Provides key input on the review of Ontario Public Health Standards.
- Provides important input on the funding of local public health agencies.



# alpha Resolutions

**Members can navigate using the Resolutions webpages to view the following:**

[Resolutions passed at the most recent AGM](#)

[Actions taken on Resolutions, organized by topic](#)

[Resolutions Year by Year](#)

**alpha's policies and procedures for the review, passage and action on its Resolutions.**

[SUBMISSION GUIDELINES FOR RESOLUTIONS](#)

[GUIDELINES FOR PRIORITIZING RESOLUTIONS](#)

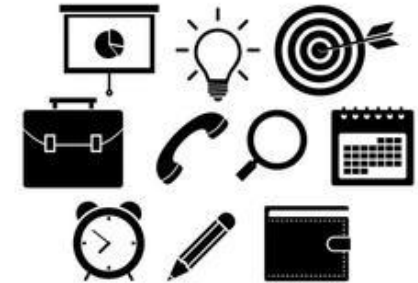
[GUIDELINES FOR CLOSING RESOLUTIONS](#)

[TEMPLATE FOR RESOLUTION SUBMISSION](#)

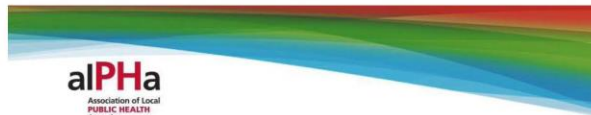
**alpha also posts motions passed by our member Local Boards of Health. The list includes only motions that have been sent to alpha and are organized by topic for information only. These may or may not be congruent with alpha Positions.**

# alPHa Correspondence June 2024 to October 2024

<b><u>alPHa Letter - HART Hubs</u></b>	2024-09-03
<b><u>alPHa Letter - A24-07, Indigenous Opioid Strategy</u></b>	2024-07-18
<b><u>alPHa Letter - A24-05, Child Food Insecurity</u></b>	2024-07-18
<b><u>alPHa Letter - A24-04, Supportive Living</u></b>	2024-07-18
<b><u>alPHa Letter - A24-03, Alcohol Strategy (Ads)</u></b>	2024-07-18
<b><u>alPHa Letter - A24-03, Alcohol Strategy</u></b>	2024-07-18
<b><u>alPHa Letter - A24-02, AI &amp; Public Health</u></b>	2024-07-18
<b><u>alPHa Letter - A24-01, Vape Sales Prohibitions</u></b>	2024-07-18
<b><u>alPHa Letter - OPHS Review Follow-Up</u></b>	2024-06-25
<b><u>alPHa Response - 2024 OPHS Review Consultation</u></b>	2024-06-20



# BOH Orientation Manual and BOH Governance Toolkit



## 2022 ORIENTATION MANUAL FOR BOARDS OF HEALTH



Orientation Manual for Boards of Health  
Revised: November 15, 2022  
Prepared by the Association of Local Public Health Agencies  
480 University Ave., Suite 300  
Toronto, Ontario, M5G 1V2  
416-595-0006  
[www.alphaweb.org](http://www.alphaweb.org)  
[info@alphaweb.org](mailto:info@alphaweb.org)



## BOH GOVERNANCE TOOLKIT

For Ontario Boards of Health



Updated: November 28, 2022

# New BOH Training Courses



## BOH GOVERNANCE

## SOCIAL DETERMINANTS OF HEALTH

<p><b>Enhance your understanding of public health governance and Ontario's Public Health Standards.</b></p> <p><b>What you'll learn:</b></p>	<p><b>Discover the significance of Social Determinants of Health in public health and relating to municipal governments.</b></p> <p><b>What you'll learn:</b></p>
<p>✓ What is Public Health</p>	<p>✓ What are Social Determinants of Health (SDOHs)</p>
<p>✓ Public Health Legislation in Ontario</p>	<p>✓ Public Health Legislation in Ontario</p>
<p>✓ Ontario Public Health Standards</p>	<p>✓ Context for SDOHs</p>
<p>✓ OPHS Accountability Framework</p>	<p>✓ Maslow's Hierarchy of Needs</p>
<p>✓ BOH Roles and Responsibilities</p>	<p>✓ Different SDOH diagrams</p>
<p>✓ BOH Structures</p>	<p>✓ Review of each SDOH</p>
<p>✓ Ministry of Health</p>	<p>✓ Bringing it together</p>
<p>✓ Public Health Funding</p>	<p>✓ Why are these important to public health?</p>
<p>✓ aPHa Leadership and Services</p>	<p>✓ Why are these important to municipal governments?</p>

# Information Break

**PLEASE ROUTE TO:**

**All Board of Health Members  
All Members of Regional Health & Social Service Committees  
All Senior Public Health Managers**



## InfoBreak

*This update is a tool to keep ALPHA's members apprised of the latest news in public health including provincial announcements, legislation, ALPHA activities, correspondence, and events. Visit us at [alphaweb.org](http://alphaweb.org).*

### Boards of Health: Shared Resources



A resource [page](#) is available on ALPHA's website for Board of Health members to facilitate the sharing of and access to information, orientation materials, best practices, case studies, by-laws, resolutions, and other resources. **In particular, ALPHA is seeking resources to share regarding the province's Strengthening Public Health Initiative, including but not limited to, voluntary mergers and the need for long-term funding for local public health.** If you have a best practice, by-law or any other resource that you would like to make available via the newsletter and/or the website, please send a file or a link with a brief description to [gordon@alphaweb.org](mailto:gordon@alphaweb.org) and for posting in the appropriate library.

Resources available on the ALPHA website include:

- [Orientation Manual for Boards of Health](#) (Revised Jan. 2024)
- [Review of Board of Health Liability, 2018](#), (PowerPoint presentation, Feb. 24, 2023)
- [Legal Matters: Updates for Boards of Health](#) (Video, June 8, 2021)
- [Obligations of a Board of Health under the Municipal Act, 2001](#) (Revised 2021)
- [Governance Toolkit](#) (Revised 2022)
- [Risk Management for Health Units](#)
- [Healthy Rural Communities Toolkit](#)
- [The Ontario Public Health Standards](#)
- [Public Appointee Role and Governance Overview](#) (for Provincial Appointees to BOH)
- [Ontario Boards of Health by Region](#)
- [List of Units sorted by Municipality](#)
- [List of Municipalities sorted by Health Unit](#)
- [Map: Boards of Health Types](#)
- [NCCHPP Report: Profile of Ontario's Public Health System](#) (2021)
- [The Municipal Role of Public Health\(2022 U of T Report\)](#)
- [Boards of Health and Ontario Not-for-Profit Corporations Act](#)

# PUBLIC HEALTH MATTERS

Providing Leadership in  
Public Health Management  
**alPHa**  
Association of Local  
PUBLIC HEALTH  
Agencies  
www.alphaweb.org

# PUBLIC HEALTH MATTERS

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Agencies

## A BUSINESS CASE FOR LOCAL PUBLIC HEALTH

**Public health champions health for all.** Local public health agencies provide programs and services that promote well-being, prevent disease and injury, and protect population health. Our work, often done in collaboration with local partners and within the broader public health system, results in a healthier population and avoids drawing on costly and scarce health care resources.

### OUR ASK

We are asking decision makers for their support for the goals and objectives of public health, with sustained and sufficient resources to ensure stability for Ontario's locally-based network of public health agencies.

Local public health remains essential to the province's population health and the associated economic prosperity.

Local public health supports the Ontario government in its goals to be efficient, effective, and provide value for money.

### INVESTMENT IN LOCAL PUBLIC HEALTH

Investment in local public health includes the following returns:



#### REDUCED HOSPITALIZATIONS AND DEATHS:

Public health measures such as **vaccination, case and contact management, outbreak response, community infection control measures** reduced hospitalizations by 13 times during the COVID-19 pandemic.

Local public health is also central to responding to new infectious disease risks such as MPOX, reemerging pathogens like poliomyelitis and tuberculosis, and the return of annual seasonal epidemics such as influenza and respiratory syncytial virus (RSV).



#### SAFE COMMUNITIES:

Local public health protects our communities by working with municipalities to provide **safe water, safe food, and emergency preparedness and response.**



#### HEALTHY CHILDREN:

Local public health protects children through **promotion of healthy growth and development, vaccination, dental screening, and school health.**



### FUNDING

Local public health requires sufficient and sustainable base funding from the provincial government.

The end of mitigation funding (\$46.8M) from the province would equal a **14.76% (\$316.7M) municipal levy increase**, or a **3.78% (\$1.24B) loss** to the overall funding of local public health programs.

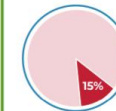
A return to the previous **provincial-municipal cost-sharing** formula for all programs and services would help to offset this loss.



### COVID-19 RECOVERY

In the wake of the COVID-19 pandemic, local public health has been working hard to put back in place its full range of programs, with progress being made on its recovery priorities (**Public Health Resilience**), and responding to seasonal respiratory viruses.

### PUBLIC HEALTH LEADS TO HEALTH CARE SAVINGS



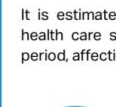
**Health promotion** and **disease prevention** are mandated roles for local public health agencies. In doing this, they also work with the Ministry of Health and key stakeholders in addressing chronic diseases such as diabetes, heart disease and cancer.

**HEALTH INEQUITIES DUE TO SOCIOECONOMIC POSITION CONTRIBUTED \$60.7B = 15% OF ALL HEALTH CARE COSTS.**

**Smoking, alcohol, diet** and **physical activity** improvements could prevent \$89B in health care costs = 22% of all health care costs over 10 years.



**Alcohol use** is another major contributor to health care and societal cost. It is estimated that alcohol use costs the Ontario economy \$5.3B in health care, law enforcement, corrections, prevention, lost productivity and premature mortality.



It is estimated that **diabetes** in Canada cost the health care system \$15.36 billion over a 10 year period, affecting nearly 10% of the population.



Promotion of **tobacco cessation** and **tobacco control** reduced health care costs by 1.7% overall = \$4.2B saved over 10 years.



Population Health Assessment



Health Equity



Effective Public Health Practice



Emergency Management



Chronic Disease Prevention and Well-Being



Food Safety



Healthy Environments



Healthy Growth and Development



Immunization



Infectious and Communicable Diseases Prevention and Control



Oral Health



Safe Water



School Health



Substance Use and Injury Prevention





The screenshot shows the ALPHa website homepage. At the top left is the ALPHa logo with the text "Association of Local PUBLIC HEALTH Agencies". Below the logo is a search bar with the placeholder text "Enter search criteria." and a magnifying glass icon. To the left of the main content area is a vertical navigation menu with links for "About Us", "Members", "Resources", and "Public Health in Ontario". Below this menu is a dark blue button labeled "alPha Resource Pages". Underneath the button are several resource categories: "Boards of Health Resources", "Public Health Renewal", "Climate Change", "Workplace Health and Wellness", "Artificial Intelligence", and "Risk Management". At the bottom left is the "BrokerLink Insurance" logo. The main content area features two large promotional banners. The top banner is for the "2024 Fall Symposium, Section Meetings and Workshops" held from Nov. 6-8, 2024, with a background of autumn leaves. The bottom banner is for the "alPha 2024 EXECUTIVE ASSISTANT/ ADMINISTRATIVE ASSISTANT FALL VIRTUAL WORKSHOP" held on November 5, 2024, with a background of a brain and circuitry. On the right side of the page, there are three sections: "My Profile | Sign Out" at the top, "Latest News" with a "more" link, and "Meetings & Events" with a "more" link. The "Latest News" section lists three items: "2024-09-16 alPha InfoBreak, September 2024", "2024-04-02 CMOH 2023 Annual Report Released", and "2024-03-27 alPha Summary - Ontario Budget 2024". The "Meetings & Events" section lists five items: "2024-09-19 BOH Section Executive Committee - Special Meeting on Governance", "2024-09-20 alPha Board of Directors Meeting", "2024-09-25 COMOH Section Meeting", "2024-10-11 COMOH Executive Committee", and "2024-10-18 alPha Executive Committee Meeting". At the bottom right, there is an "Online Surveys" section with a link "» Give Us Your Ideas!".

**alPha**  
Association of Local  
**PUBLIC HEALTH**  
Agencies

Enter search criteria. 🔍

About Us ▶  
Members ▶  
Resources ▶  
Public Health in Ontario ▶

**alPha Resource Pages**

*Boards of Health Resources*  
*Public Health Renewal*  
*Climate Change*  
*Workplace Health and Wellness*  
*Artificial Intelligence*  
*Risk Management*

**Member Benefit**

**BrokerLink**  
Insurance

**Association of Local Public Health Agencies**  
**2024 Fall Symposium, Section Meetings and Workshops**  
Nov. 6-8, 2024

Save the Dates! alPha Fall Symposium, November 6, 7, 8, 2024

\*\*\*

**alPha 2024**  
EXECUTIVE ASSISTANT/  
ADMINISTRATIVE ASSISTANT  
FALL VIRTUAL WORKSHOP

EA Workshop - November 5, 2024

\*\*\*

My Profile | Sign Out

**Latest News** more

**2024-09-16**  
alPha InfoBreak, September 2024

**2024-04-02**  
CMOH 2023 Annual Report Released

**2024-03-27**  
alPha Summary - Ontario Budget 2024

**Meetings & Events** more

**2024-09-19**  
BOH Section Executive Committee – Special Meeting on Governance

**2024-09-20**  
alPha Board of Directors Meeting

**2024-09-25**  
COMOH Section Meeting

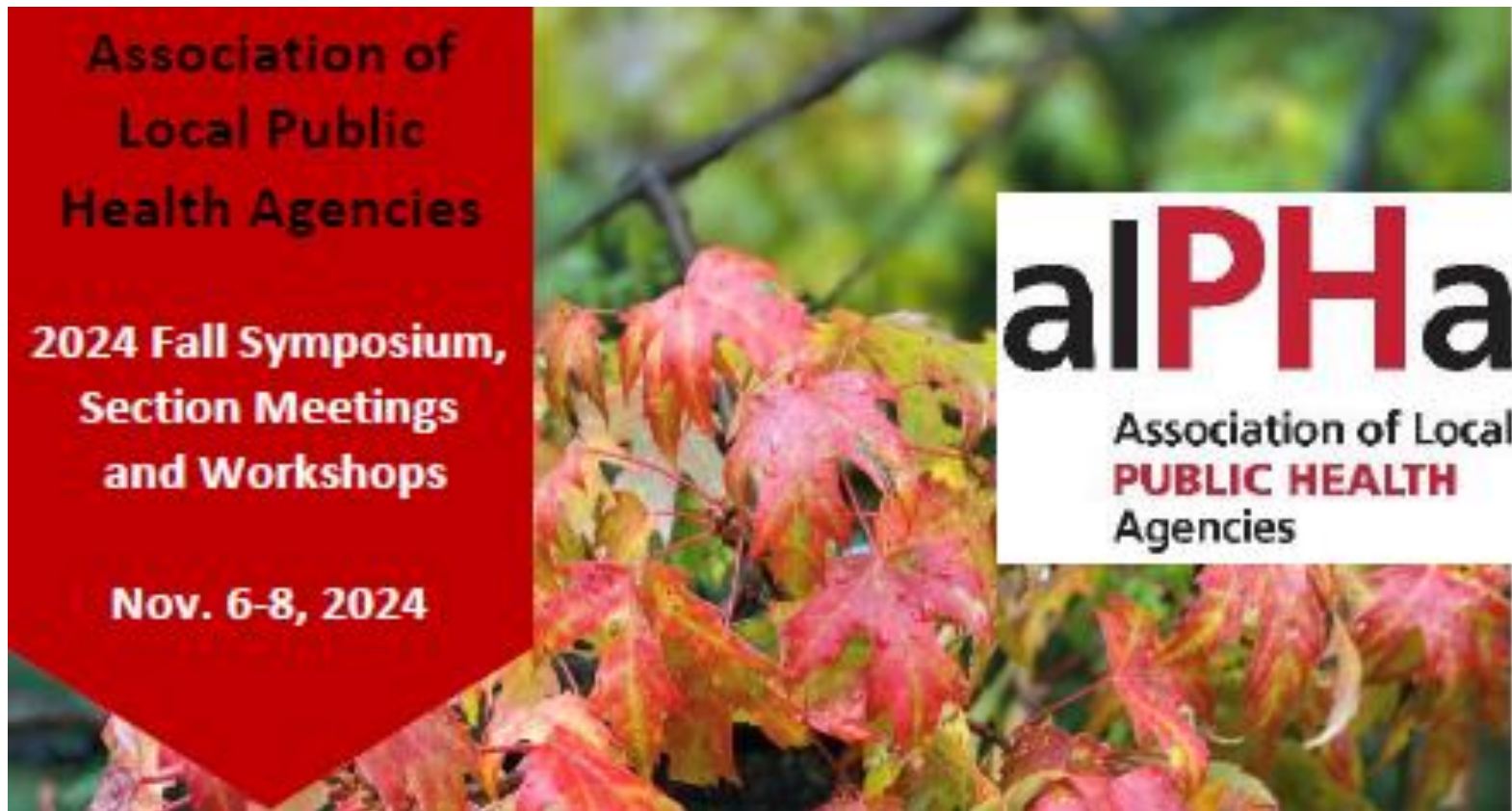
**2024-10-11**  
COMOH Executive Committee

**2024-10-18**  
alPha Executive Committee Meeting

**Online Surveys**

» Give Us Your Ideas!

**See You November 6<sup>th</sup> to 8<sup>th</sup>!**



**Association of  
Local Public  
Health Agencies**

**2024 Fall Symposium,  
Section Meetings  
and Workshops**

**Nov. 6-8, 2024**

**alPHa**  
Association of Local  
**PUBLIC HEALTH**  
Agencies

# Questions

