

The Unlearning and Undoing White Supremacy and Racism Project

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Introduction to the project



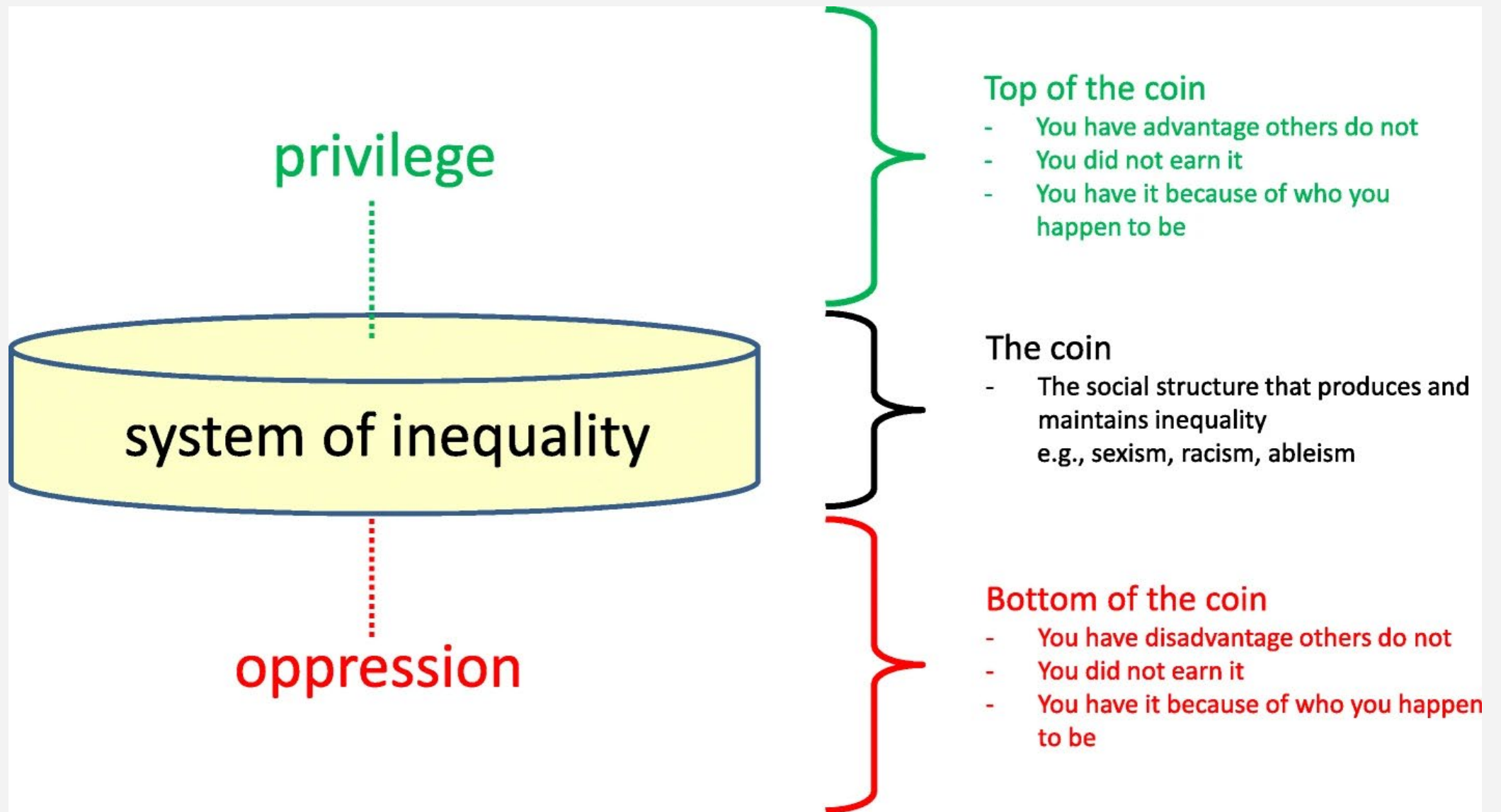
- Provincial Health Services Authority of British Columbia.
- Connected with the original creators of the project.
- Adapt to local context.

White supremacy and colonization are determinants of health

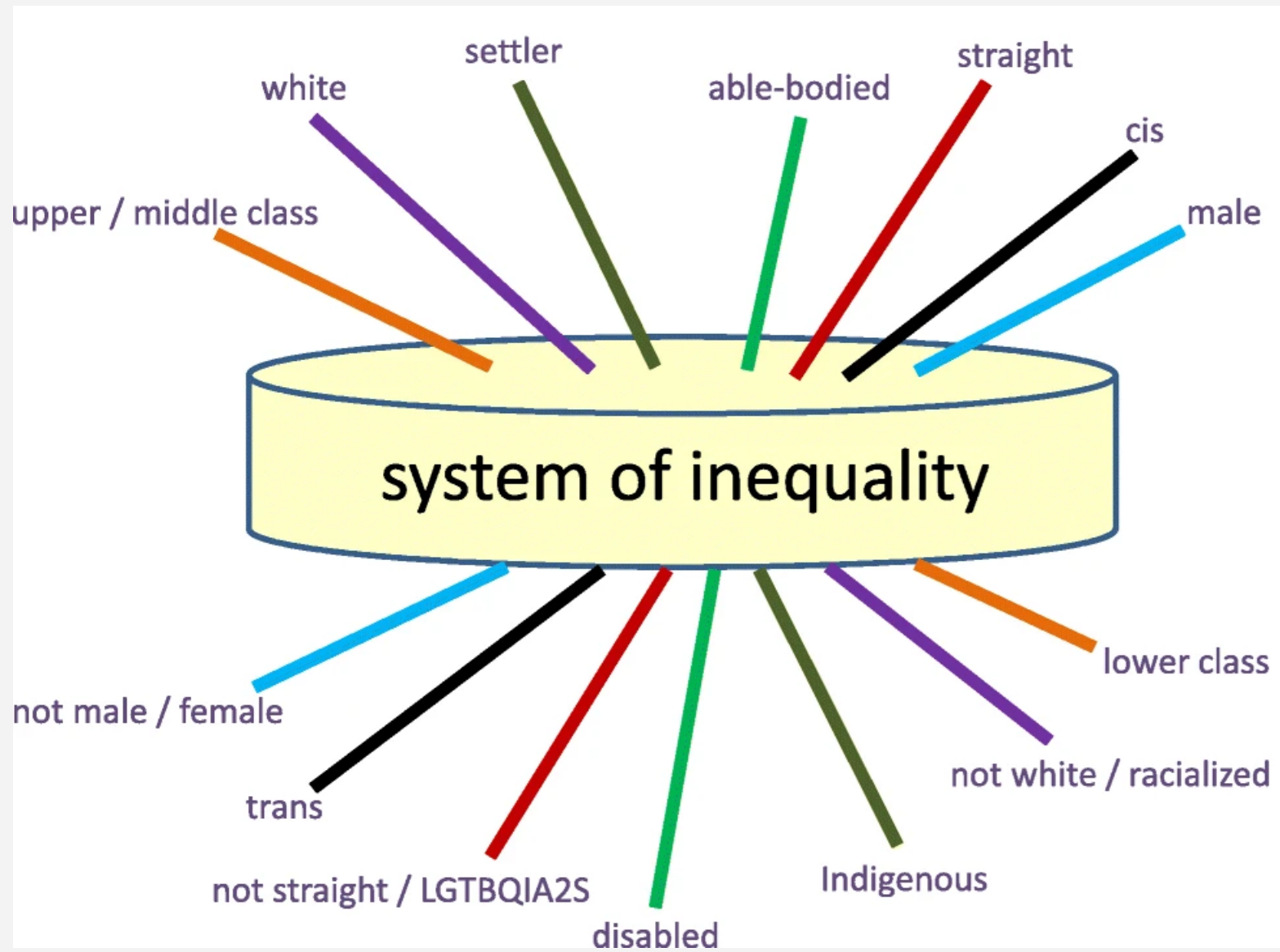
Colonization is defined as:

- the control or governing influence of a nation over a dependent country, territory, or people;
- the system or policy by which a nation maintains or advocates such control or influence (Random House, 2010 from Czyzewski, 2010).
- Distal determinant
- Normalizing poor health outcomes for Indigenous people





Reference: Nixon, S. A. (2019). The coin model of privilege and critical allyship: Implications for health. *BMC Public Health*, 19, 1637. <https://doi.org/10.1186/s12889-019-7884-9>



Each of the following systems of inequality* (or coins) intersects with the others to co-constitute inequalities:

- classism
- racism
- settler colonialism
- ableism
- heterosexism
- cisgenderism
- sexism

*These examples do not represent all systems of inequality; e.g., other coins not presented here include systems of inequality related to age, religion, accent, or shade of skin.

Guiding documents

- Public Health documents
 - Indigenous Engagement Strategy: Finding Our Path Together
 - ReconciliAction Framework
 - Racial Equity Action Framework
 - Strategic Plan: 2024–2028
- Federal documents
 - Royal Commission on Aboriginal Peoples (1996) 440 Recommendations
 - United Nations Declaration on the Rights of Indigenous Peoples (2007) 46 Articles
 - Truth and Reconciliation(2015) 94 Calls to Action
 - MMIWG (2019) 231 Calls for Justice
 - UN Declaration on the Rights of Indigenous People Action Plan 2023-2028 (2023)
- Ontario documents
 - [Indigenous Healing and Wellness Strategy](#)
 - Ontario Public Health Standards
 - Relationship with Indigenous Communities Guidelines

Unlearning & Undoing White Supremacy and Racism Project

Module 1: Naming Racism & White Supremacy

Module 1 focuses on making visible three interrelated systems of oppression operating in BC: white supremacy, settler colonialism, and Indigenous-specific racism. We introduce useful frameworks for shared understanding and build a common vocabulary. We spend time thinking about our own relationship to these and other systems of oppression.

Month 2 | May 2022 – Orientation to Anti-Racism

Our Teacher(s)	DR. IBRAM X. KENDI is one of America’s foremost historians and leading antiracist scholars. He is the Andrew W. Mellon Professor in the Humanities and the Founding Director of the Boston University Center for Antiracist Research.
Quick Dip	TED TALK (51m14s) Difference between being "not racist" and antiracist https://youtu.be/KCxb15QgFZw
Deep Dive	BOOK How to Be an Anti-Racist, by Ibram X. Kendi
Related Resources	<ul style="list-style-type: none"> CBC DOC (44m18s) The Skin We're In: Pulling back the curtain on racism in Canada https://youtu.be/msoBTlv1VqM
Discussion Questions	<ol style="list-style-type: none"> 1. What is the difference between being “not racist” and being “antiracist”? Have you ever previously used the phrase “I’m not racist” before? How can this phrase prevent us from examining our own ideas, thoughts, and actions? What language can you use in place of saying, “I’m not racist”? 2. Why does Kendi recommend that we approach antiracist work with vulnerability? Why is it difficult to acknowledge our own beliefs or perspectives as being racist? How can recognizing and sharing our own beliefs create an opportunity for self-reflection? How can you help others in their own reflection and learning? <p>Source: Zafer R. (n.d.) First-Year and Common Reading Guide for Ibram X. Kendi’s How to Be an Antiracist. https://images.randomhouse.com/promo_image/9780525509288_6609.pdf</p>



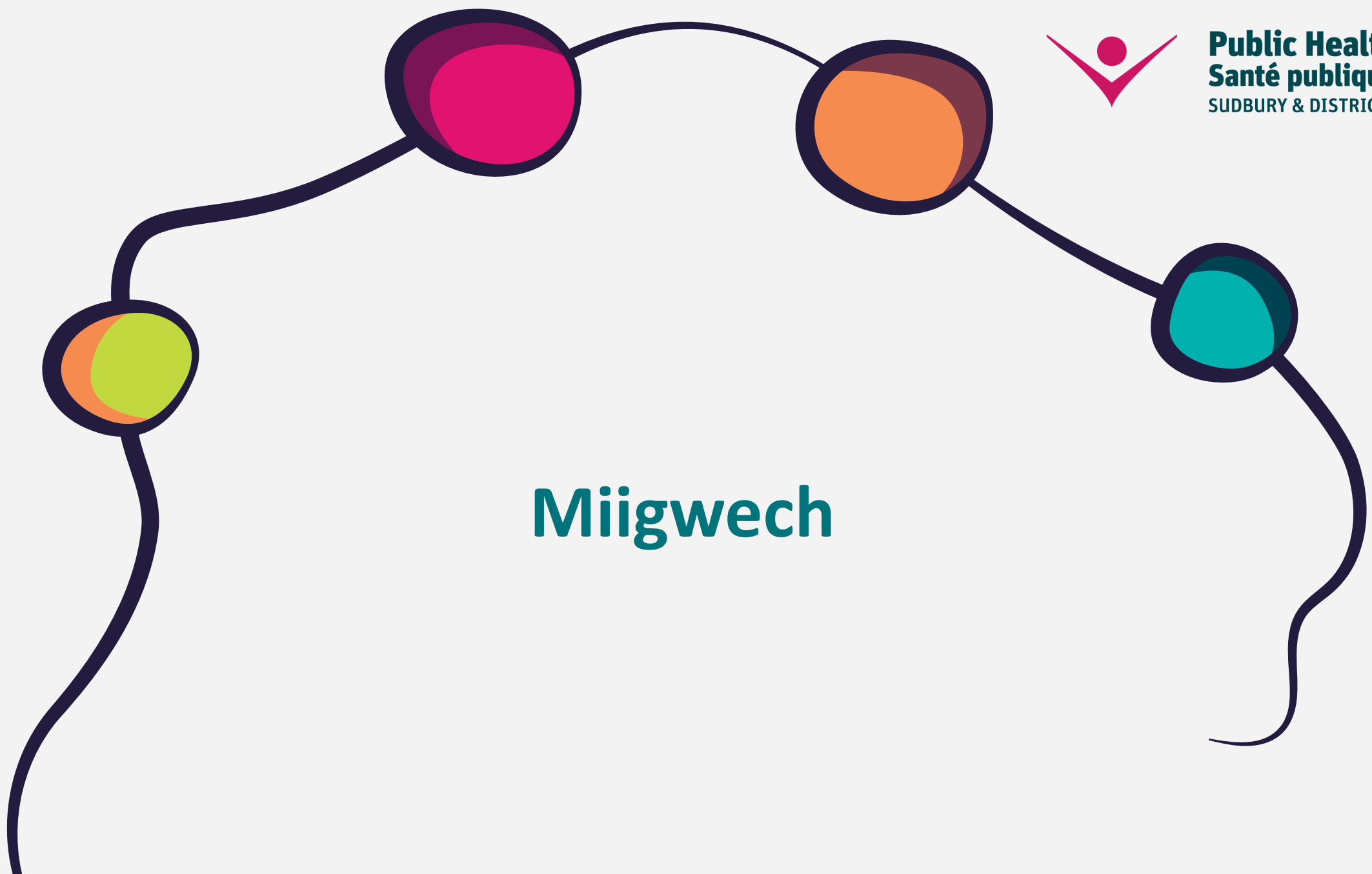
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