



November 29, 2021

To: All coaches, spectators, players, volunteers, and officials of the Sudbury Silver Stick Tournament: December 2, 2021 to December 5, 2021

Subject: Strong recommendations for additional COVID-19 protective measures

Continued high [COVID-19](#) case rates mean that the Public Health Sudbury & Districts area is among the **top three** most affected jurisdictions in Ontario. Local protective measures, including a reinstatement of capacity limits first issued on [November 8, 2021](#), have slowed rapid growth in cases; however, residents and visitors remain at elevated and unacceptable risk of catching and spreading COVID-19.

As the area's Medical Officer of Health, I am strongly recommending that **participants in the Sudbury Silver Stick Tournament adopt the additional protective measures** listed below to reduce disease transmission during the tournament. We all must work together to avoid the need for additional, more restrictive public health measures locally, and to prevent increased case rates across the province. Your commitment to these strongly recommended actions, combined with additional protective measures already in place locally, will help in reducing COVID-19 transmission.

It is strongly recommended that all participants implement the following actions to reduce the risk of COVID-19 spread:

- Avoid in-person social gatherings before and after games. This includes social gatherings in restaurants and hotels.
 - Consider outside, masked gatherings if necessary, with only small groups within the same team cohort.
 - Avoid gatherings with individuals outside of your team cohort.
- Avoid lingering in arenas after your team has participated in a game. Once a game is completed, participants should leave the arena as soon as possible and avoid congregating in entrances, hallways, and lobbies.
- Ensure masking and physical distancing, especially if you are indoors with people from multiple households whose vaccination status is unknown or not complete.
- Whether eating or drinking in your hotel room, or a restaurant, limit the number of people not from the same household seated together to the number that can be physically distanced 2 metres apart.
- Ensure that participants practise good hand hygiene by washing their hands or using alcohol-based hand sanitizer frequently.

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phsd.ca



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As a reminder to all participants:

- Individuals 12 years and older, at the point of entry, who attend the indoor area of the arena whether actively playing, coaching, officiating, volunteering, or spectating must provide identification and proof of being fully vaccinated against COVID-19 or a valid medical exemption.
- Individuals must stay home, self-isolate, and [seek testing](#) even if they are experiencing a mild [symptom of COVID-19](#) (including parents, officials, volunteers, and players).
- Ensure a physical distance of 2 meters is maintained between individuals not actively playing in the sport.
- When indoors, ensure you are properly wearing a mask (the mask must cover the nose, mouth, and chin).

These protective measures will help reduce the spread of the virus, protect our communities, and preserve the capacity of our health system.

For more information or if you have questions, please visit phsd.ca/COVID-19 or call Public Health Sudbury & Districts at 705.522.9200 (toll-free 1.866.522.9200).

Sincerely,

Original signed by

Penny Sutcliffe, MD, MHSc, FRCPC
Medical Officer of Health and Chief Executive Officer

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