

PUBLIC HEALTH

What's in it for you?



Public Health
Santé publique
SUDBURY & DISTRICTS

Active living scenario

You like being active within your community. Which of the following ways does Public Health support you?

- a. There are affordable recreation opportunities available to you.
- b. There are safe walking routes, bike paths, and green spaces.
- c. The beaches you visit are regularly inspected for water quality and safety.
- d. The canteen at your local recreation centre offers safe and healthy food options.
- e. The spaces are smoke-free.
- f. All of the above.

The answer to this question is **all of the above**.

Public Health Sudbury & Districts enforces laws that ensure safe food and water, develops campaigns on safe sex, alcohol use, healthy eating, and physical activity. We identify, warn of, and work to minimize environmental health hazards, provide or promote a variety disease screening programs, and advocate to improve the social and economic determinants of health such as education, social inclusion, and freedom from violence, discrimination, and poverty. We do this and so much more!

Community members, partnering organizations, elected officials, and other members of the health system play an important role in the work of Public Health. They participate in local programs and services, work together on ongoing activities, champion initiatives that promote and protect the health of our communities, and provide governance to Public Health Sudbury & Districts. All of these efforts support us in meeting our vision of a healthier community for all.

Public Health Sudbury & Districts is committed to improving health and reducing social inequities in the communities we serve. Learn more about public health in your community and about how it acts as a helpful resource to create change by visiting www.phsd.ca.

More information on Public health services is available at phsd.ca or 705.522.9200
(Toll-free: 1.866.522.9200).